

# ACCIDENTAL SELF-INJECTION OF FISH VACCINE

If a needle that has been in contact with fish vaccine has penetrated your skin, you must seek medical assistance immediately – even if you believe that little to no vaccine has been injected.

**PHARMAQ** advises that you take these three steps in order to reduce the risk of permanent injury:



### **Seek medical assistance immediately**

This is of utmost importance, even if you believe that little to no vaccine has been injected.



### **Bring the PHARMAQ information leaflet**

The vaccine package leaflet and/or the self-injection folder must be brought with you to the doctor.



### **If symptoms persist**

Are you experiencing persistent pain, swelling, fever or discoloration of the skin more than 12 hours after injection? Please contact your doctor again.

Local doctor: \_\_\_\_\_

Local emergency sender: \_\_\_\_\_

Emergency number: \_\_\_\_\_

In case of accidental self-injection of fish vaccine, PHARMAQ must always be notified. Please contact your PHARMAQ representative or email [phvig@pharmaq.no](mailto:phvig@pharmaq.no)

# **TREATMENT OF SELF-INJECTION OF FISH VACCINE**

## **TO THE DOCTOR**

**You should do this to reduce the risk of permanent injury**

**Self-injection of small amounts of fish vaccine into human tissue can lead to severe pain and swelling, and in rare cases it can lead to necrosis and loss of the affected body part if proper treatment is not initiated.**

1. Affected area must be examined as soon as possible by surgically competent healthcare professionals
2. If vaccine has been injected, the area should be opened and drained. This is especially important if the ligaments and soft tissues of a finger are affected
3. A medical risk assessment must always be performed prior to surgery
4. If a needle scrapes the skin and no vaccine is injected, only local inflammation may occur and this can be treated with regular painkillers
5. The patient should be followed up after treatment for assessment of further measures

**Reference is made to the brochure “Advice in the event of accidental self-injection with fish vaccine”, for further information**